



Capability Statement

Russia

Tailored Risk Management

Service Provider Breakdown

Air Ambulance	24
Air Charter	8
Security Providers	17
Maritime Security Providers	10
Medical Service Providers	27
Medical Escort Providers	13
Repatriation Mortal Remains	6
Specialist Services	116

Nearest centre of medical excellence

Use our emergency app to initiate an emergency response and access our worldwide network of medical assistance care.

Russia retains advanced tertiary care facilities in urban centres such as:

Moscow – Private facilities offer tertiary care comprising full ICU, surgical, oncology, neurology and cardiology services with 24/7 care and multilingual staff.

St. Petersburg – Provision of Tertiary care which includes ICU, Cardiology, Renal and

Surgical with advanced diagnostic equipment and multilingual staff.

***Note:** Due to ongoing global sanctions, operational restrictions and strained diplomatic relations following Russia's invasion of Ukraine, most international providers and air ambulance networks are unable or unwilling to operate within Russian territory. Any evacuation must be coordinated through neutral third countries, such as Armenia, Serbia, Turkey or Kazakhstan.*

Medical evacuation options

1 Emergency Extraction to Home Nation Treatment	2 Emergency extraction to Closest Specialist Treatment before Repatriation	3 Ground extraction to stabilisation/treatment (In- country no fly)/ Marine or alternative extraction
<p>Evacuation directly to home nations (e.g. UK, US, EU) is not currently viable. Western air ambulances are barred from Russian airspace. All medical repatriation must transit via neutral states. Flight clearance must be arranged well in advance with Russian authorities and diplomatic intermediaries. Evacuations via land borders are limited due to visa and diplomatic constraints, security escort is advised.</p>	<p>Emergency stabilisation is possible in private facilities in St. Petersburg and Moscow. Regional evacuations to Armenia, Turkey or Serbia remain the most reliable. Transfer must occur by private charter or commercial flight using non Western carriers. Departure may be staged from Moscow Vnukovo, Sheremetyevo, or St. Petersburg Pulkovo airports with real time security and diplomatic monitoring, security escort is advised with ground ambulance to transfer.</p>	<p>Ground ambulance access is widely available within urban Russia but limited across oblast borders, security is necessary as tensions are still high. Remote regions may require helicopter evacuation operated by local authorities. Road conditions are generally acceptable, though seasonal weather may delay movement in Siberia and the Far East. Maritime evacuation is not viable except via military ports, which are restricted.</p>

Vaccination Requirements

Vaccine	Advice
Routine vaccines recommended (up to date)	Chickenpox (Varicella)
	Diphtheria-Tetanus-Pertussis
	Flu (Influenza)
	Measles(CDC Level 1 Alert, confirmed outbreaks)-Mumps-Rubella (MMR) - Strongly recommended
	Polio - <i>Strongly recommended</i> due to CDC Level 2 Alert
	Shingles
COVID-19	Strongly recommended for all travellers
Hepatitis A	Strongly recommended for all travellers- food and water hygiene can vary regionally
Hepatitis B	Strongly recommended, due to risk from sexual contact, medical care, tattooing
Cholera	Consider for high risk deployments due to intermittent outbreaks reported
Tick- Borne Encephalitis	Strongly recommended for rural, outdoor and forest travel
Japanese Encephalitis	Not common, however consider if going to areas with Japanese Encephalitis or activities that increase risk of infection such as staying in rural areas.
Rabies	Strongly recommended due to the presence of stray dogs. Immediate medical attention is required in case of a bite or scratch, as post-exposure prophylaxis is not readily available.
Yellow Fever	Required if arriving from endemic countries

Special Precautions:

- Polio Global Alert (Level 2):**
 Russia remains listed on the CDC’s global Polio surveillance list due to previous detections of vaccine-derived Poliovirus. Adult travellers should confirm they are up to date with a polio booster (IPV), especially if staying long term.
- Measles Global Alert:**
 Russia is experiencing intermittent

outbreaks due to declining vaccine uptake. Two documented MMR doses are essential for all travellers. Infants 6–11 months should receive one early dose.

- **Airborne and Droplet Infections:**

Tuberculosis (TB) remains a major concern with significant rates of multidrug resistant TB (MDR-TB), especially in prison populations and remote regions. Avoid prolonged time in healthcare settings without PPE. *COVID-19* surveillance is inconsistent; personal protective equipment is recommended in enclosed public settings. *Influenza* circulates seasonally with high urban prevalence. *Hantavirus* is an occurrence if around rodents, avoid areas where they live.

- **Vector-Borne Diseases:**

Tick-borne encephalitis (TBE) is endemic in forested areas of Siberia, the Urals, and parts of eastern Russia. TBE vaccination is highly advised for hikers, campers, and rural workers. *Crimean-Congo haemorrhagic fever (CCHF)* has been reported in southern agricultural regions – tick precautions are essential. *Leishmaniasis* is rare but sporadic cases have occurred in the Caucasus.

- **Water and Soil-Related Diseases:**

Hepatitis A is a risk in areas with poor sanitation or where bottled water is unavailable. *Leptospirosis* may be contracted through contact with floodwaters, especially after spring rains in southern Russia.

Schistosomiasis is not endemic, but *Botulism* from improperly canned foods is a known hazard in rural areas.

- **Zoonotic Hazards:**

Rabies is present throughout Russia, particularly in stray dog populations. Post-exposure prophylaxis (PEP) is inconsistently available particularly in rural hospitals. Avoid contact with dogs, bats and unvaccinated livestock.

Brucellosis may occur in livestock regions- avoid unpasteurised dairy products.

- **Environmental Hazards:**

Winter temperatures in Siberia and the Far East can fall below -40°C . Seasonal flooding, forest fires, and air pollution from industrial zones (e.g. Norilsk) may cause respiratory strain. Earthquake risk is low, but volcanic activity occurs in the Russian Far East (Kamchatka). Power cuts and heating disruptions affect remote towns.

Political evacuation options

Russia is not a viable setting for Western led political evacuations. Airspace is closed to EU, UK, US and Canadian carriers. Diplomatic ties with Western embassies are strained or suspended. Any international movement must occur via non-sanctioning third countries such as Armenia, Serbia, Kazakhstan or Turkey.. No guarantee of consular support exists within Russia for foreign nationals. In-country hibernation may be possible in Moscow or St. Petersburg with secure accommodation, independent power, and 24/7 communications, but only for critical staff.

Ground evacuation to neighbouring NATO states is not possible. Borders with Latvia, Estonia, Finland and Lithuania are closed or politically restricted. Use of dual nationality may complicate exit. All exit strategies must account for rapidly shifting diplomatic policy,

Political considerations

Local closed sources advisors	No active Western private security firms operate inside Russia. Intelligence must be sourced from embassy alerts, open media and neutral diplomatic observers.
Stable political governance	No , Russia operates under consolidated executive control. Martial and surveillance laws override civic protections. Legal recourse for foreigners is severely limited.
Kidnap and ransom capability	Yes , flown in only. While kidnapping is rare, politically motivated detentions of journalists, NGO staff, and dual nationals have increased. K and R plans must be externally managed.

conscription risk and lack of impartial legal protection. Evacuation readiness must be planned in advance using local or possibly alternate non-Western providers.

Passport and Visas

	Visa Required	Passport Required
Other EU	Yes, advance embassy or e-Visa needed	Valid ≥ 6 months + 2 blank pages
USA	Yes, advance embassy or e-Visa needed	Valid ≥ 6 months + 2 blank pages
Canadian	Yes, advance embassy or e-Visa needed	Valid ≥ 6 months + 2 blank pages
Australian	Yes, advance embassy or e-Visa needed	Valid ≥ 6 months + 2 blank pages
British	Yes, advance embassy or e-Visa needed	Valid ≥ 6 months +2 blank pages

<p>Significant political events imminent</p>	<p>Yes, Russia’s progressive invasion of Ukraine continues. Sanctions and countersanctions evolve rapidly. New border restrictions, media crackdowns and detentions may occur without warning</p>
<p>Borders</p>	<ul style="list-style-type: none"> - Airports: Closed to Western carriers - Finland, Baltics, Poland: Borders closed to civilians - Georgia, Armenia, Kazakhstan: Accessible with restrictions - Maritime: Access restricted or military controlled - Internal travel: Surveillance and ID checks in sensitive zones; avoid protest areas



CONNECT WITH US



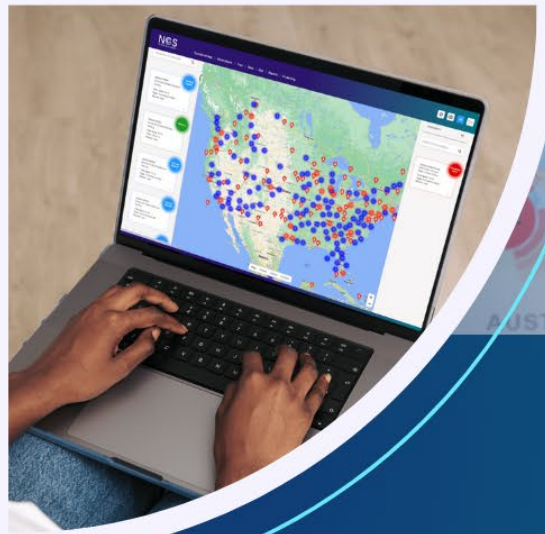
www.northcottglobalsolutions.com



info@northcottglobalsolutions.com



+44 207 183 8910



89 Charterhouse St,
Farringdon, London,
EC1M 6PE, UK